



**UNIVERSITA' DEGLI STUDI DI MILANO**  
**PROGRAMME DESCRIPTION - ACADEMIC YEAR 2021/22**  
**BACHELOR**  
**Nursing (Classe L/SNT1)**  
**Enrolled since 2011/12 Academic Year**

### **HEADING**

<b>Degree classification - Denomination and code:</b>	L/SNT1 Nursing and midwifery
<b>Degree title:</b>	Dottore
<b>Length of course:</b>	3 years
<b>Total number of credits required to complete programme:</b>	180
<b>Years of course currently available:</b>	1st , 2nd , 3rd
<b>Access procedures:</b>	Cap on student, student selection based on entrance test
<b>Course code:</b>	D64

### **PERSONS/ROLES**

#### **Head of Interdepartmental Study Programme**

Prof.ssa Anne Leona Lucie Destrebecq

#### **Tutors - Faculty**

Per l'orientamento:

Prof.ssa Anne Leona Lucie Destrebecq

Prof. Marco Frolidi

Prof.ssa Maura Lusignani

Per la mobilità internazionale e l'Erasmus:

Prof.ssa Anne Leona Lucie Destrebecq

#### **Degree Course website**

<https://infermieristica.cdl.unimi.it/it>

### **CHARACTERISTICS OF DEGREE PROGRAMME**

#### **General and specific learning objectives**

Those earning a degree in Nursing are healthcare professionals, vested with authority under Ministry of Health Decree no. 739 of 14 September 1994, and Law no. 42 of 26 February 1999 (as subsequently amended); they are responsible for providing general nursing support in the prevention, treatment, rehabilitation of diseases and illnesses, as well as palliative care. Their skills include technical skills, patient education, and a proper bedside manner. Their main functions are to prevent disease, to provide care for the sick and disabled of all ages, whether suffering from acute or chronic problems, and to provide patient education. They conduct their professional activities in public or private hospitals and clinics across the region, or in-home healthcare, whether as an employee or as an independent professional.

#### **Expected learning outcomes**

At the end of their studies, the graduate will be able to:

- identify the nursing needs of an individual, a family, or the community at large, setting objectives, and pursuing those objectives with autonomy, undertaking responsibility for the same;
- planning, managing, and assessing the nursing support provided in a manner that respects cultural, ethnic, generational, and sex-based differences;
- ensure the proper application of all required therapeutic-diagnostic prescriptions, verifying the success of the same;
- take part in identifying an individual or community's healthcare needs, integrating nursing support into the multidisciplinary treatments;
- launch support networks for patients and any caregivers as part of a multidisciplinary-care project over the short and long term;
- act on an individual basis or as part of a team with other healthcare and social workers, using support staff as and when needed;
- assist with training support staff;
- seek out refresher courses and continuing professional education and research;
- learn to work on a team, and to liaise with other professional figures both on a healthcare and social-work basis;
- act on an individual basis or as part of a team with other healthcare and social workers, using support staff if and when

needed;

- work directly to make updates relating to their own professional profile and research;
- be familiar with the general bioethical principles, professional-ethics, legal, and forensic rules governing the profession, documenting the nursing support provided;
- be familiar with the radiation protection rules contemplated by the European Union (pursuant to the provisions of Legislative Decree no. 187 of 26 May 2000);
- be proficient in at least one European Union language, other than Italian, as required by one's specific job duties, and simple exchanges of information;

### **Professional profile and employment opportunities**

A nurse is a professional who provides services in the healthcare arena, and who is responsible for providing general nursing care to patients of all ages in terms of prevention, treatment, palliative care, and rehabilitation. Nurses' skills include technical expertise, patient education, and a proper bedside manner.

This degree authorises graduates to work as nurses in public or private hospitals and clinics across the region, or in-home healthcare, whether as an employee or as an independent contractor.

## **EXPERIENCE OF STUDY ABROAD AS PART OF THE TRAINING PROGRAM**

The University of Milan supports international mobility by providing its students with the opportunity to spend study and internship periods abroad. It is a unique chance to enrich your educational path in a new exciting environment.

The agreements entered into by the University with over 300 universities from the 27 EU member countries and other Extra-EU countries under the European Erasmus+ programme allow regularly enrolled students to carry out part of their studies at one of the partner universities or to undertake internships at companies, training and research centres and other organizations.

Similar international mobility opportunities are provided outside Europe, through agreements with a number of prestigious institutions.

### **Study and internships abroad**

The Degree Programme in Nursing has a long-standing tradition of international exchanges which began with the founding of the Erasmus programme. The Erasmus programme (which stands for European Region Action Scheme for the Mobility of University Students) was founded in 1987 thanks to the efforts of the European Community. It gives students the opportunity to complete a for-credit study-abroad period on an international campus partnering with the student's home campus. In terms of study-abroad options, the Degree in Nursing currently offers Year III students pre-professional opportunities in the form of an internship. To that end, the University now boasts prestigious European partnerships in Belgium (Brussels and Antwerp), Spain (Tenerife, Albacete, Melilla, Santiago de Compostela, Valencia La Fe, Valencia Castello, Madrid, Vigo, Lleida and Huelva), Portugal (Moniz and Setubal) France (Auvergne-Rhône-Alpes) and Poland (Danzig). At some of these campuses, students have the option to work in a hospital or in the community, including hospices or nursing clinics, if available. The Erasmus Plus programme contemplates, in addition to the bilateral agreements, the possibility of two instructors for each Campus to have international mobility. The study-abroad period is three months, with the possibility of earning 20 ECTS, which transfer in as 20 academic credits for the student. In addition to meetings planned each year by the University, thanks to a standing committee for internationalisation made up of students and instructors, at least one meeting per year is planned for returning students to meet and give advice to those heading out on their study abroad. Our experience over the last few years has taught us that these opportunities allow for the exchange of practical information and valuable contacts amongst the students. At the end of the study-abroad period, the standing committee is requested to provide a written report which is shared with outgoing students, and it allows instructors to measure student satisfaction with the international programmes.

Student feedback has been roundly positive, finding inspiration for their thesis development, and developing contacts that have served them well over the years, including in terms of employment opportunities after graduation. The Erasmus experience and international exchange are not just a university experience, but an opportunity to learn from, and live with, persons of a different culture and language. It's about more than learning a different language: it's a chance for the student to take on responsibilities, and to begin to feel a part of a professional community that includes students from different countries.

### **How to participate in Erasmus mobility programs**

The students of the University of Milan can participate in mobility programmes, through a public selection procedure.

Ad hoc commissions will evaluate:

- Academic career
- the candidate's proposed study programme abroad
- his/her foreign language proficiency
- the reasons behind his/her application

Call for applications and informative meetings

The public selection generally begins around February each year with the publication of a call for applications specifying the destinations, with the respective programme duration (from 2/3 to 12 months), requirements and online application deadline.

Every year, before the deadline for the call, the University organizes informative meetings to illustrate opportunities and rules for participation to students.

#### Erasmus+ scholarship

The European Union grants the winners of the Erasmus+ programme selection a scholarship to contribute to their mobility costs, which is supplemented by the University funding for disadvantaged students.

#### Language courses

Students who pass the selections for mobility programmes can benefit from intensive foreign language courses offered each year by the University.

Learn more at <https://www.unimi.it/en/international/study-abroad/studying-abroad-erasmus>

For assistance, please contact:

International Mobility Office

Via Santa Sofia 9 (second floor)

Tel. 02 503 13501-12589-13495-13502

Contacts: InformaStudenti [mobility.out@unimi.it](mailto:mobility.out@unimi.it)

Student Desk booking through InformaStudenti

<b>1st COURSE YEAR Core/compulsory courses/activities common</b>		
<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
Basic human sciences	4	(2) M-PSI/01, (1) MED/45, (1) M-PSI/08
Basic sciences	5	(2) BIO/10, (1) FIS/07, (2) BIO/13
Clinical nursing sciences 1	6	MED/45
English assessment B1 (2 ECTS)	2	ND
Human anatomy and physiology	8	(4) BIO/09, (4) BIO/16
Nursing sciences	4	MED/45
Pathogenesis and diagnostics	6	(2) MED/04, (2) MED/07, (1) MED/36, (1) BIO/12
Placement (year I)	18	MED/45
Prevention sciences	4	(1) MED/45, (1) MED/44, (2) MED/42
	Total compulsory credits	57
<b>Elective courses</b>		
<b>2nd COURSE YEAR Core/compulsory courses/activities common</b>		
<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
Clinical nursing for mother and child	4	(1) MED/38, (1) MED/40, (1) MED/47, (1) MED/45
Clinical nursing in neuropsychiatric disability	5	(2) MED/45, (1) M-PSI/08, (1) MED/26, (1) MED/25
Clinical nursing sciences 2	8	MED/45
Medicine and pharmacology	8	(4) MED/09, (4) BIO/14
Placement (year II)	25	MED/45
Surgery	5	(1) MED/33, (3) MED/18, (1) MED/41
	Total compulsory credits	55
<b>Elective courses</b>		
<b>3rd COURSE YEAR Core/compulsory courses/activities common</b>		
<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
Clinical nursing and research	7	(2) MED/01, (2) MED/45, (2) INF/01, (1) MED/42
Clinical nursing sciences 3	4	MED/45
Critical care nursing	5	(1) MED/09, (2) MED/45, (1) MED/18, (1) MED/41
Placement (year III)	34	MED/45
Professional responsibility and organization of nursing	5	(3) MED/45, (1) MED/43, (1) MED/42

	Total compulsory credits	55	
<b><i>Elective courses</i></b>			
<b><i>End of course requirements</i></b>			
Final examination		7	NA
	Total compulsory credits	7	