



**UNIVERSITA' DEGLI STUDI DI MILANO**  
**PROGRAMME DESCRIPTION - ACADEMIC YEAR 2023/24**  
**BACHELOR**  
**Midwifery (Classe L/SNT1)**  
**Enrolled since 2019/20 Academic Year to 2021/22 Academic Year**

### **HEADING**

<b>Degree classification - Denomination and code:</b>	L/SNT1 Nursing and midwifery
<b>Degree title:</b>	Dottore
<b>Length of course:</b>	3 years
<b>Total number of credits required to complete programme:</b>	180
<b>Years of course currently available:</b>	3rd
<b>Access procedures:</b>	Cap on student, student selection based on entrance test
<b>Course code:</b>	D65

### **PERSONS/ROLES**

#### **Head of Interdepartmental Study Programme**

Prof. Fabio Parazzini

#### **Tutors - Faculty**

Per l'orientamento:

dott.ssa Paola Agnese Mauri

dott.ssa Laura Malgrati (sezione Milano)

dott.ssa Marina Baldan (sezione Milano)

dott.ssa Chiara Grossi (sezione Milano)

dott.ssa Francesca Riffaldi (sezione Milano)

dott.ssa Monica Antuono (sezione Mantova)

dott.ssa Raffaella Ferrara (sezione Mantova)

#### **Degree Course website**

<https://ostetricia.cdl.unimi.it/it>

#### **Secretary**

Email: [ostetricia@unimi.it](mailto:ostetricia@unimi.it)

### **CHARACTERISTICS OF DEGREE PROGRAMME**

#### **General and specific learning objectives**

As set forth in Ministry of Health Decree no. 740 (14 September 1994, as subsequently amended), an obstetrician is a healthcare professional who attends to, and advises, women during pregnancy, childbirth, and the post-partum period, delivers babies in natural childbirth, and provides care to the new-born child, and in gynaecology. Obstetric care to the woman, and during the reproductive process, requires all of the following: technical skills, preventative action, treatment plans, palliative and rehabilitative care, as well as a proper bedside manner and the ability to provide patient education.

#### **Expected learning outcomes**

Obstetricians must show:

clinical skills (consultancy; diagnosis; prognosis; obstetric, neonatal, and gynaecological care);

communication skills (healthcare information and education within their area of expertise);

organisational skills (scheduling; healthcare planning within their areas of expertise);

Thanks to those acquired skills, at the end of the training programme (during which the pre-professional internship is particularly important), the Midwifery graduate must be able to (either independently and/or with the assistance of other healthcare professionals and social workers):

independently provide antenatal, child-delivery, and neonatal care for any natural childbirth;

identify and manage obstetric, neonatal, and gynaecological treatment needs (including but not limited to: breast cancer, changes to the pelvic region, infertility, infectious diseases, responsible family planning);

provide education on reproductive health to women/couples, and to the community, especially with respect to STDs (sexually transmitted diseases);

provide health education on preventing tumours in the female genital organs and related glands, through informational processes and methodologies within one's own area of expertise.

### Professional profile and employment opportunities

Obstetrics perform their professional activities in public or private clinics and hospitals, either as an employee or as a freelance professional; they contribute to their own professional development, as well as that of their support staff, provide continuing education, and work on research.

## EXPERIENCE OF STUDY ABROAD AS PART OF THE TRAINING PROGRAM

The University of Milan supports international mobility by providing its students with the opportunity to spend study and internship periods abroad. It is a unique chance to enrich your educational path in a new exciting environment.

The agreements entered into by the University with over 300 universities from the 27 EU member countries and other Extra-EU countries under the European Erasmus+ programme allow regularly enrolled students to carry out part of their studies at one of the partner universities or to undertake internships at companies, training and research centres and other organizations.

Similar international mobility opportunities are provided outside Europe, through agreements with a number of prestigious institutions.

### Study and internships abroad

The Bachelor's Degree programme in Midwifery provides students, in Year III, with the possibility of an international internship or traineeship, which will include pre-professional experience, and the opportunity to write their thesis. Currently, the Universities of Brussels and Antwerp have been identified as our European partners.

### How to participate in Erasmus mobility programs

The students of the University of Milan can participate in mobility programmes, through a public selection procedure.

Ad hoc commissions will evaluate:

- Academic career
- the candidate's proposed study programme abroad
- his/her foreign language proficiency
- the reasons behind his/her application

Call for applications and informative meetings

The public selection generally begins around February each year with the publication of a call for applications specifying the destinations, with the respective programme duration (from 2/3 to 12 months), requirements and online application deadline.

Every year, before the deadline for the call, the University organizes informative meetings to illustrate opportunities and rules for participation to students.

Erasmus+ scholarship

The European Union grants the winners of the Erasmus+ programme selection a scholarship to contribute to their mobility costs, which is supplemented by the University funding for disadvantaged students.

Language courses

Students who pass the selections for mobility programmes can benefit from intensive foreign language courses offered each year by the University.

Learn more at <https://www.unimi.it/en/international/study-abroad/studying-abroad-erasmus>

For assistance, please contact:

International Mobility Office

Via Santa Sofia 9 (second floor)

Tel. 02 503 13501-12589-13495-13502

Contacts: InformaStudenti [mobility.out@unimi.it](mailto:mobility.out@unimi.it)

Student Desk booking through InformaStudenti

<b>1st COURSE YEAR (disactivated from academic year 2022/23) Core/compulsory courses/activities common</b>		
<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
Clinical placements (1st year)	15	MED/47
English assessment B1 (2 ECTS)	2	NN
Human anatomy and physiology	10	(2) MED/04, (3)

		BIO/09, (2) MED/40, (3) BIO/16
In defense of life journey	4	(1) MED/07, (1) MED/42, (2) MED/05
Midwifery 1	4	MED/47
Midwifery 2	5	(4) MED/47, (1) BIO/14
The basics of life journey	6	(1) MED/03, (1) BIO/10, (1) FIS/07, (1) BIO/13, (1) MED/36, (1) BIO/12
The knowledge and being in the professions for the birth	4	(1) MED/02, (1) M- PSI/01, (1) MED/47, (1) M-DEA/01
	Total compulsory credits	50

### ***Elective courses***

### ***2nd COURSE YEAR (disactivated from academic year 2023/24) Core/compulsory courses/activities common***

<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
Clinical placements (2nd year)	27	(23) MED/47, (4) NN
Scientific and informatic training	5	(1) MED/01, (1) MED/40, (2) MED/47, (1) INF/01
The new mother and parenting	5	(1) MED/38, (3) MED/47, (1) MED/42
The woman between puberty, fertility and menopause	9	(1) MED/03, (5) MED/40, (1) MED/47, (1) M- PSI/08, (1) BIO/14
Women and delivery	8	(1) MED/38, (1) MED/40, (6) MED/47
Women and pregnancy	5	(2) MED/40, (3) MED/47
	Total compulsory credits	59

### ***Elective courses***

### ***3rd COURSE YEAR Core/compulsory courses/activities common***

<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
Best midwifery practice	3	(1) SECS-P/07, (1) MED/47, (1) MED/44
Clinical placements (3rd year)	26	(23) MED/47, (3) NN
Professional empowerment	4	(1) IUS/09, (1) MED/47, (2) MED/43
Professional training	5	(1) M-PSI/01, (2) MED/47, (2) M- PED/01
The pathology in gynecology: from prevention to diagnosis and treatment	5	(3) MED/40, (2) MED/47
The pathology in labour, birth and puerperium	9	(2) MED/38, (2) MED/40, (2) MED/47, (1) MED/33, (1) MED/45, (1) MED/41
The pathology in labour, birth and puerperium	6	(1) MED/38, (2) MED/40, (1) MED/47, (1) BIO/14, (1) BIO/12
	Total compulsory credits	58

### ***Elective courses***

### ***End of course requirements***

Original dissertation	7	NN
	Total compulsory credits	7

## ***COURSE PROGRESSION REQUIREMENTS***

*The course contains the following obligatory or advised prerequisites*

<b>Learning activity</b>	<b>Prescribed foundation courses</b>	<b>O/S</b>
The new mother and parenting	Midwifery 2	Core/compulsory
	Human anatomy and physiology	Core/compulsory
Women and delivery	Human anatomy and physiology	Core/compulsory
Women and pregnancy	Human anatomy and physiology	Core/compulsory
Midwifery 2	Midwifery 1	Core/compulsory
The woman between puberty, fertility and menopause	Human anatomy and physiology	Core/compulsory

The pathology in gynecology: from prevention to diagnosis and treatment	The new mother and parenting	Core/compulsory
	Women and delivery	Core/compulsory
	Women and pregnancy	Core/compulsory
	The woman between puberty, fertility and menopause	Core/compulsory
The pathology in labour, birth and puerperium	The new mother and parenting	Core/compulsory
	Women and delivery	Core/compulsory
	Women and pregnancy	Core/compulsory
The pathology in labour, birth and puerperium	The new mother and parenting	Core/compulsory
	Women and delivery	Core/compulsory
	Women and pregnancy	Core/compulsory
Clinical placements (2nd year)	Midwifery 2	Core/compulsory