



**UNIVERSITA' DEGLI STUDI DI MILANO**  
**PROGRAMME DESCRIPTION - ACADEMIC YEAR 2026/27**  
**BACHELOR**  
**PhysioTherapy (Classe L/SNT2)**  
**Enrolled in 2026/2027 Academic Year**

### **HEADING**

<b>Degree classification - Denomination and code:</b>	L/SNT2 Health professions for rehabilitation
<b>Degree title:</b>	Dottore
<b>Length of course:</b>	3 years
<b>Total number of credits required to complete programme:</b>	180
<b>Years of course currently available:</b>	1st
<b>Access procedures:</b>	Cap on student, student selection based on entrance test
<b>Course code:</b>	D67

### **PERSONS/ROLES**

#### **Head of Interdepartmental Study Programme**

Prof. Fabiano Di Marco

#### **Tutors - Faculty**

Per l'orientamento:

dott.ssa Monica Casu

per la mobilità internazionale e l'Erasmus

dott.ssa Marta Colombo

Per i piani di studio:

dott.ssa Sara Morrone

Per stage e tirocini:

dott.ssa Silvia Maria Cupello

Per laboratori e altre attività:

dott. Riccardo Parelli

Per tesi di laurea:

dott.ssa Sara Morrone

Per i trasferimenti:

dott.ssa Marina Boninsegna

Per ammissioni lauree magistrali:

dott. Riccardo Parelli

Per riconoscimento crediti:

dott. Umberto Lenti

#### **Degree Course website**

<https://fisioterapia.cdl.unimi.it/it>

#### **Academic Office for the Degree Programme**

Email: [cdlfisioterapia@unimi.it](mailto:cdlfisioterapia@unimi.it)

### **EXPERIENCE OF STUDY ABROAD AS PART OF THE TRAINING PROGRAM**

The University of Milan supports international mobility by providing its students with the opportunity to spend study and internship periods abroad. It is a unique chance to enrich your educational path in a new exciting environment.

The agreements entered into by the University with over 300 universities from the 27 EU member countries under the European Erasmus+ programme allow regularly enrolled students to carry out part of their studies at one of the partner universities or to undertake internships at companies, training and research centres and other organisations.

Similar international mobility opportunities are provided outside Europe, through agreements with a number of prestigious institutions.

The University of Milan is a member of the 4EU+ European University Alliance that brings together eight public multidisciplinary universities: University of Milan, Charles University of Prague, Heidelberg University, Paris-Panthéon-Assas University, Sorbonne University of Paris, University of Copenhagen, University of Geneva, and University of Warsaw. The 4EU+ Alliance offers integrated educational pathways and programmes to promote the international mobility of students (physical, blended and virtual).

### **Study and internships abroad**

The Degree in Physiotherapy has a long-standing tradition of international exchanges.

The Erasmus programme (which stands for European Region Action Scheme for the Mobility of University Students) was founded in 1987 thanks to the efforts of the European Community. It gives students the opportunity to complete a for-credit study-abroad period on an international campus partnering with the student's home campus.

In terms of study-abroad options, the Degree in Physiotherapy currently offers Year III students pre-professional opportunities in the form of an internship.

To that end, we have identified prestigious European partners in Portugal (Egas Muniz and Setubal – 4 places), Spain (Madrid – 3 places), France (Lyon – 2 places).

In addition to the bilateral agreements, the Erasmus Plus programme contemplates the possibility of two instructors for each Campus in order to have international mobility.

The study-abroad period is three months, with the possibility of earning 20 ECTS, which transfer in as 20 academic credits for the student.

Student feedback has been roundly positive, finding inspiration for thesis development, and developing contacts that have served well over the years, including employment opportunities after graduation.

The Erasmus experience and international exchange are not just a university experience, but an opportunity to learn from, and live with, persons of a different culture and language. It's about more than learning a different language: it's a chance for the student to begin to take on responsibilities and to feel a part of a professional community that includes students from different countries.

### **How to participate in Erasmus mobility programs**

The students of the University of Milan can participate in mobility programmes, through a public selection procedure.

Ad hoc commissions will evaluate:

- Academic career
- the candidate's proposed study programme abroad
- his/her foreign language proficiency
- the reasons behind his/her application

Call for applications and informative meetings

The public selection for Erasmus+ mobility for study generally begins around February each year with the publication of a call for applications specifying destinations and requirements. Regarding the Erasmus+ Mobility for Traineeship, the University of Milan usually publishes two calls a year enabling students to choose a destination defined by an inter-institutional agreement or to find a traineeship position on their own.

The University organises informative meetings to illustrate mobility opportunities and rules for participation.

Erasmus+ scholarship

The European Union grants the winners of the Erasmus+ programme selection a scholarship to contribute to their mobility costs, which may be supplemented by the University funding for disadvantaged students.

Language courses

Students who pass the selections for mobility programmes can benefit from intensive foreign language courses offered each year by the University Language Centre (SLAM).

<https://www.unimi.it/en/node/8/>

Learn more at <https://www.unimi.it/en/node/274/>

For assistance, please contact:

International Mobility Office

Via Santa Sofia 9 (second floor)

Tel. 02 503 13501-12589-13495-13502

Contacts: InformaStudenti;  
Student Desk booking through InformaStudenti

<b>1st COURSE YEAR Core/compulsory courses/activities common</b>		
<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
English assessment B1 (2 ECTS)	2	NN
Functional anatomy of the locomotor and nervous system	6	(2) MEDS-19/A, (3) BIOS-12/A, (1) MEDS-12/A
Human morphology	3	BIOS-12/A
Lab 1	1	MEDS-26/C
Physics and statistics	10	(4) PHYS-06/A, (3) MEDS-24/A, (3) INFO-01/A
Physiology and pathology	7	(2) MEDS-02/A, (4) BIOS-06/A, (1) MEDS-03/A
Placement year i	8	MEDS-26/C
Preclinical biomedical sciences and humanities	7	(1) MEDS-01/A, (2) BIOS-10/A, (2) BIOS-07/A, (1) PSIC-02/A, (1) PSIC-01/A
	Total compulsory credits	44
<b>Elective courses</b>		
<b>2nd COURSE YEAR (available as of academic year 2027/28) Core/compulsory courses/activities common</b>		
<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
Interdisciplinary clinic course	9	(1) MEDS-11/A, (2) MEDS-05/A, (1) MEDS-20/A, (2) MEDS-07/B, (2) MEDS-07/A, (1) BIOS-11/A
Interdisciplinary surgery course	6	(2) MEDS-14/A, (2) MEDS-06/A, (1) MEDS-13/B, (1) MEDS-13/A
Lab 2	1	MEDS-26/C
Neuro musculoskeletal course	8	(1) MEDS-22/A, (1) MEDS-09/C, (3) MEDS-19/A, (3) MEDS-12/A
Neuro-musculoskeletal and visceral rehabilitation	14	(12) MEDS-26/C, (2) MEDS-19/B
Placement year ii	23	MEDS-26/C
	Total compulsory credits	61
<b>Elective courses</b>		
<b>3rd COURSE YEAR (available as of academic year 2028/29) Core/compulsory courses/activities common</b>		
<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
Final exam	7	NN
Health care organisation and legal medicine	3	(1) ECON-08/A, (1) GIUR-06/A, (1) MEDS-25/A
Lab 3	1	MEDS-26/C
Methods and technologies in rehabilitation	12	(8) MEDS-26/C, (1) IBIO-01/A, (2) MEDS-26/B, (1) MEDS-19/B
Other activities	6	NN
Placement year iii	29	MEDS-26/C
	Total compulsory credits	58
<b>Elective courses</b>		
<b>COURSE YEAR UNDEFINED Core/compulsory courses/activities common</b>		
<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
Principles of rehabilitation and physiotherapy	11	(9) MEDS-26/C, (2) MEDS-19/B
	Total compulsory credits	11

## **COURSE PROGRESSION REQUIREMENTS**

**The course contains the following obligatory or advised prerequisites**

<b>Learning activity</b>	<b>Prescribed foundation courses</b>	<b>O/S</b>
Neuro-musculoskeletal and visceral rehabilitation	Neuro musculoskeletal course	Core/compulsory
	Principles of rehabilitation and physiotherapy	Core/compulsory
Placement year ii	Placement year i	Core/compulsory
Functional anatomy of the locomotor and nervous system	Physics and statistics	Core/compulsory
	Human morphology	Core/compulsory
Neuro musculoskeletal course	Functional anatomy of the locomotor and nervous system	Core/compulsory
	Physiology and pathology	Core/compulsory
Principles of rehabilitation and physiotherapy	Functional anatomy of the locomotor and nervous system	Core/compulsory
	Physics and statistics	Core/compulsory
	Human morphology	Core/compulsory
Physiology and pathology	Physics and statistics	Core/compulsory
	Human morphology	Core/compulsory
Placement year iii	Placement year ii	Core/compulsory
Methods and technologies in rehabilitation	Neuro-musculoskeletal and visceral rehabilitation	Core/compulsory
Interdisciplinary surgery course	Physiology and pathology	Core/compulsory
Interdisciplinary clinic course	Physiology and pathology	Core/compulsory