



**UNIVERSITA' DEGLI STUDI DI MILANO**  
**PROGRAMME DESCRIPTION - ACADEMIC YEAR 2021/22**  
**BACHELOR**  
**Psychiatric Rehabilitation Techniques (Classe L/SNT2)**  
**Enrolled until 2020/21 Academic Year**

### HEADING

<b>Degree classification - Denomination and code:</b>	L/SNT2 Health professions for rehabilitation
<b>Degree title:</b>	Dottore
<b>Length of course:</b>	3 years
<b>Total number of credits required to complete programme:</b>	180
<b>Years of course currently available:</b>	2nd , 3rd
<b>Access procedures:</b>	Cap on student, student selection based on entrance test
<b>Course code:</b>	D70

### PERSONS/ROLES

#### Head of Interdepartmental Study Programme

Prof. Roberto Truzoli

#### Tutors - Faculty

Per l'orientamento:

dott.ssa Serena Borsani

Per la mobilità internazionale e l'Erasmus:

dott. Pietro Zerbi

Per i piani di studio:

dott.ssa Caterina Viganò

Per stage e tirocini:

dott.ssa Serena Borsani

Per laboratori e altre attività:

dott.ssa Serena Borsani

Per tesi di laurea:

prof.ssa Jeannette Majer

prof. Roberto Truzoli

dott.ssa Caterina Viganò

Per ammissioni lauree magistrali:

dott.ssa Giuseppina Bernardelli

Per riconoscimento crediti:

prof.ssa Jeannette Majer

prof. Roberto Truzoli

dott.ssa Caterina Viganò

#### Degree Course website

<https://riabilitazionepsichiatrica.cdl.unimi.it/it>

Email: [riabilitazione.psichiatrica@unimi.it](mailto:riabilitazione.psichiatrica@unimi.it)

### CHARACTERISTICS OF DEGREE PROGRAMME

#### General and specific learning objectives

The graduate of the degree programme in Professional Education must know how to:

- plan, manage, and verify educational programmes aimed at promoting health and development of the potential of at-risk persons, to reach ever-increasing levels of autonomy;

- contribute to promoting and organising infrastructure and healthcare and social-welfare resources, in order to plan integrated educational projects;
- plan, organise, manage, and assess one's own professional activities within a social-welfare setting, or within a healthcare or rehabilitation or socio-developmental clinic, in a coordinated manner, working in concert with other professionals at such facilities, and by engaging interested parties and/or their families, community groups, and the community at large;
- work with families and in an integrated manner within a community in order to promote social cohesion and aggregation;
- offer and supervise play-therapy type activities;
- participate in study, research, and documentation activities in the pursuit of the aforementioned purposes.

### **Professional profile and employment opportunities**

Professional Educators are Social Workers as defined under Ministry of Health Decree of 8 October 1998, no. 520. The degree programme allows one to practice in the profession.

The graduate in Professional Education formulates and executes educational programmes aimed at promoting personal development, and the social reintegration of persons with psycho-physical impairments, who are at risk of social isolation. Graduates work with children, youth, adults, and seniors to prevent and overcome difficulties and social impairments due to disability, deviance, dependence, poverty, disenfranchisement, and mental illness. As defined in Ministerial Decree 520/98, the Professional Educator performs his or her professional activities within a healthcare or rehabilitation or socio-developmental clinic whether in the public or private sector, in a residential or semi-residential facility, whether as an employee or as an independent contractor. Services may be ambulatory in nature (Ser.T, Psychosocial Centres or Centres for Mental Health, Initial Welcome Centre, etc.), day-care (Social-Educational Centres, Rehabilitation Day Clinics, Youth Community Centres, Psychiatric Day Centres, etc.), residential (Rehabilitation Communities, Skilled Nursing Facilities, Psychiatric Group Homes, Group Homes for the Disabled, etc.)

## **EXPERIENCE OF STUDY ABROAD AS PART OF THE TRAINING PROGRAM**

The University of Milan supports international mobility by providing its students with the opportunity to spend study and internship periods abroad. It is a unique chance to enrich your educational path in a new exciting environment

The agreements entered into by the University with over 300 universities from 30 different countries under the European Erasmus+ programme allow regularly enrolled students to carry out part of their studies at one of the partner universities or to undertake internships at companies, training and research centres and other organizations.

Similar international mobility opportunities are provided outside Europe, through agreements with a number of prestigious institutions.

### **How to participate in Erasmus mobility programs**

The students of the University of Milan can participate in mobility programmes, which last 3 to 12 months, through a public selection procedure.

Ad hoc commissions will evaluate:

- the candidate's proposed study programme abroad;
- his/her foreign language proficiency;
- the reasons behind his/her application.

Call for applications and informative meetings:

The public selection generally begins around February each year with the publication of a call for applications specifying the destinations, with the respective programme duration, requirements and online application deadline.

Every year, before the deadline for the call, the University organizes informative meetings to illustrate opportunities and rules for participation to students.

Erasmus+ scholarship:

The European Union grants the winners of the Erasmus+ programme selection a scholarship to contribute to their mobility costs, which is supplemented by the University funding for disadvantaged students.

Language courses:

Students who pass the selections for mobility programmes can benefit from intensive foreign language courses offered each year by the University.

Learn more at <https://www.unimi.it/it/internazionale/studiare-allestero/partire-con-erasmus>.

For assistance, please contact:

International Mobility Office

Via Santa Sofia, 9 (second floor)

Tel. 02 503 13501-12589-13495-13502

E-mail: mobility.out@unimi.it

Desk opening hours: Monday to Friday 9 am - 12 noon

<b>1st COURSE YEAR (disactivated from academic year 2021/22) Core/compulsory courses/activities common</b>		
Learning activity	Ects	Sector
Basic sciences	5	(1) SECS-S/02, (2) MED/01, (2) FIS/07
Biological and morphological sciences	6	(1) MED/03, (1) BIO/17, (2) BIO/16, (2) BIO/13
Biomedical sciences 1	4	(2) BIO/10, (2) BIO/09
Computer Science Course	3	INF/01
English assessment B1 (2 ECTS)	2	ND
General Psychology	4	(1) M-PSI/03, (1) M-PSI/05, (2) M-PSI/01
Introduction to psychiatric rehabilitation	5	(1) M-PED/01, (4) MED/25
Professional training (1st year)	16	MED/48
Psychiatry 1	7	MED/25
	Total compulsory credits	52
<b>Elective courses</b>		
<b>2nd COURSE YEAR Core/compulsory courses/activities common</b>		
Learning activity	Ects	Sector
Biomedical sciences 2	5	(3) MED/04, (2) BIO/14
Clinical Psychology	4	(1) M-PSI/01, (1) SPS/08, (2) M-PSI/08
General psychiatric rehabilitation 1	7	(1) M-PSI/06, (2) MED/48, (2) MED/45, (2) MED/25
Prevention and health sciences	4	(3) MED/42, (1) MED/36
Professional training (2nd year)	24	MED/48
Psychiatry 2	5	MED/25
Psychotherapy	5	(2) M-PSI/08, (1) M-PSI/07, (2) MED/25
	Total compulsory credits	54
<b>Elective courses</b>		
<b>3rd COURSE YEAR Core/compulsory courses/activities common</b>		
Learning activity	Ects	Sector
General psychiatric rehabilitation 2	7	(1) SECS-S/02, (1) MED/49, (5) MED/48
Occupational Psychology	5	(1) MED/48, (1) MED/44, (1) SECS-P/10, (2) MED/43
Professional training (3rd year)	20	MED/48
Pshycogeriatric rehabilitation	5	(2) MED/26, (1) BIO/14, (2) MED/25
Psychiatric rehabilitation in childhood	6	(4) MED/39, (2) BIO/14
Rehabilitation techniques	12	(8) MED/48, (1) L-ART/06, (1) L-ART/05, (2) MED/25
	Total compulsory credits	55
<b>Elective courses</b>		
<b>COURSE YEAR UNDEFINED Core/compulsory courses/activities common</b>		
Learning activity	Ects	Sector
Professional laboratories	3	ND
Seminars and workshops	3	NA
	Total compulsory credits	6
<b>End of course requirements</b>		
Final exam	7	NA
	Total compulsory credits	7

## ***COURSE PROGRESSION REQUIREMENTS***

*The course contains the following obligatory or advised prerequisites*

<b>Learning activity</b>	<b>Prescribed foundation courses</b>	<b>O/S</b>
Psychiatry 2	Psychiatry 1	Core/compulsory
Biomedical sciences 2	Biomedical sciences 1	Core/compulsory
	Biological and morphological sciences	Core/compulsory
Rehabilitation techniques	Psychiatry 1	Core/compulsory
General psychiatric rehabilitation 2	General psychiatric rehabilitation 1	Core/compulsory
General psychiatric rehabilitation 1	Psychiatry 1	Core/compulsory