



UNIVERSITA' DEGLI STUDI DI MILANO
PROGRAMME DESCRIPTION - ACADEMIC YEAR 2026/27
BACHELOR
Psychiatric Rehabilitation Techniques (Classe L/SNT2)
Enrolled since 2026/2027 Academic Year

HEADING

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|--|--|
| Degree classification - Denomination and code: | L/SNT2 Health professions for rehabilitation |
| Degree title: | Dottore |
| Length of course: | 3 years |
| Total number of credits required to complete programme: | 180 |
| Years of course currently available: | 1st |
| Access procedures: | Cap on student, student selection based on entrance test |
| Course code: | D70 |

PERSONS/ROLES

Head of Interdepartmental Study Programme

Prof. Roberto Truzoli

Tutors - Faculty

Per l'orientamento:

dott.ssa Stefania Girelli

Per la mobilità internazionale e l'Erasmus:

dott.ssa Serena Mazzucchelli

Per i piani di studio:

dott.ssa Caterina Viganò

Per stage e tirocini:

dott.ssa Stefania Girelli

Per laboratori e altre attività:

dott.ssa Stefania Girelli

Per tesi di laurea:

prof. Giovanni Casazza

prof. Roberto Truzoli

dott.ssa Caterina Viganò

Per ammissioni lauree magistrali:

dott.ssa Giuseppina Bernardelli

Per riconoscimento crediti:

prof. Giovanni Casazza

prof. Roberto Truzoli

dott.ssa Caterina Viganò

Degree Course website

<https://riabilitazionepsichiatrica.cdl.unimi.it/it>

Academic Office for the Degree Programme

Email: riabilitazione.psichiatrica@unimi.it

CHARACTERISTICS OF DEGREE PROGRAMME

General and specific learning objectives

The graduate of the degree programme in Professional Education must know how to:

- plan, manage, and verify educational programmes aimed at promoting health and development of the potential of at-risk persons, to reach ever-increasing levels of autonomy;
- contribute to promoting and organising infrastructure and healthcare and social-welfare resources, in order to plan integrated educational projects;
- plan, organise, manage, and assess one's own professional activities within a social-welfare setting, or within a healthcare or rehabilitation or socio-developmental clinic, in a coordinated manner, working in concert with other professionals at such facilities, and by engaging interested parties and/or their families, community groups, and the community at large;
- work with families and in an integrated manner within a community in order to promote social cohesion and aggregation;
- offer and supervise play-therapy type activities;
- participate in study, research, and documentation activities in the pursuit of the aforementioned purposes.

Professional profile and employment opportunities

Professional Educators are Social Workers as defined under Ministry of Health Decree of 8 October 1998, no. 520. The degree programme allows one to practice in the profession.

The graduate in Professional Education formulates and executes educational programmes aimed at promoting personal development, and the social reintegration of persons with psycho-physical impairments, who are at risk of social isolation. Graduates work with children, youth, adults, and seniors to prevent and overcome difficulties and social impairments due to disability, deviance, dependence, poverty, disenfranchisement, and mental illness. As defined in Ministerial Decree 520/98, the Professional Educator performs his or her professional activities within a healthcare or rehabilitation or socio-developmental clinic whether in the public or private sector, in a residential or semi-residential facility, whether as an employee or as an independent contractor. Services may be ambulatory in nature (Ser.T, Psychosocial Centres or Centres for Mental Health, Initial Welcome Centre, etc.), day-care (Social-Educational Centres, Rehabilitation Day Clinics, Youth Community Centres, Psychiatric Day Centres, etc.), residential (Rehabilitation Communities, Skilled Nursing Facilities, Psychiatric Group Homes, Group Homes for the Disabled, etc.)

Initial knowledge required

To be admitted into the degree programme, a candidate must have an Italian secondary-school diploma or similar diploma obtained overseas and deemed equivalent.

Admission into the programme is capped, at a national level, pursuant to Law no. 264 of 2 August 1999.

The number of students who may be admitted is set each year pursuant to a decree of the Ministry of Universities and Research (MUR), based on findings provided by the university in terms of available instructional, classroom, and clinical resources (human and otherwise), as well as the demand for the type of professionals contemplated for this Class as determined by the Region of Lombardy, and the Ministry of Health.

The admission test will be administered as a national exam, generally in the month of September. The date will be set pursuant to a decree of MUR.

Additional learning requirements (OFA)

Students who answered less than 50% of the Biology and Chemistry questions on the admission test will be required to finish a set of additional learning requirements (OFA). These prerequisites may be met through specifically assigned remedial work. Any failure to complete the OFA will make it impossible for the student to sit exams in: Biological and Morphological Life Sciences - Biomedical Science I.

Timely notice of the various courses will be posted to:

<https://riabilitazionepsichiatrica.cdl.unimi.it/it>

Compulsory attendance

Attendance of all educational activities contemplated in the study programme is mandatory.

To be allowed to sit the for-credit exam, students must have attended at least 75% of the educational programming contemplated for each course.

Degree programme final exams

Degrees in Psychiatric Rehabilitation Techniques are awarded at the end of three years of study once a student has passed all relevant exams, including the English-language proficiency examination, for a total of 173 CFU, as well as a final theoretical/practical exam worth 7 CFU, for a total of 180 CFU.

The final exam consists of the submission and defence of a written thesis on a topic relating to practical-clinical work completed during the student's for-credit pre-professional internship.

The final examination acts as a State Exam which serves to license students to practice the profession.

EXPERIENCE OF STUDY ABROAD AS PART OF THE TRAINING PROGRAM

The University of Milan supports international mobility by providing its students with the opportunity to spend study and internship periods abroad. It is a unique chance to enrich your educational path in a new exciting environment.

The agreements entered into by the University with over 300 universities from the 27 EU member countries under the European Erasmus+ programme allow regularly enrolled students to carry out part of their studies at one of the partner universities or to undertake internships at companies, training and research centres and other organisations.

Similar international mobility opportunities are provided outside Europe, through agreements with a number of prestigious institutions.

The University of Milan is a member of the 4EU+ European University Alliance that brings together eight public multidisciplinary universities: University of Milan, Charles University of Prague, Heidelberg University, Paris-Panthéon-Assas University, Sorbonne University of Paris, University of Copenhagen, University of Geneva, and University of Warsaw. The 4EU+ Alliance offers integrated educational pathways and programmes to promote the international mobility of students (physical, blended and virtual).

How to participate in Erasmus mobility programs

The students of the University of Milan can participate in mobility programmes, through a public selection procedure.

Ad hoc commissions will evaluate:

- Academic career
- the candidate's proposed study programme abroad
- his/her foreign language proficiency
- the reasons behind his/her application

Call for applications and informative meetings

The public selection for Erasmus+ mobility for study generally begins around February each year with the publication of a call for applications specifying destinations and requirements. Regarding the Erasmus+ Mobility for Traineeship, the University of Milan usually publishes two calls a year enabling students to choose a destination defined by an inter-institutional agreement or to find a traineeship position on their own.

The University organises informative meetings to illustrate mobility opportunities and rules for participation.

Erasmus+ scholarship

The European Union grants the winners of the Erasmus+ programme selection a scholarship to contribute to their mobility costs, which may be supplemented by the University funding for disadvantaged students.

Language courses

Students who pass the selections for mobility programmes can benefit from intensive foreign language courses offered each year by the University Language Centre (SLAM).

<https://www.unimi.it/en/node/8/>

Learn more at <https://www.unimi.it/en/node/274/>

For assistance, please contact:

International Mobility Office

Via Santa Sofia 9 (second floor)

Tel. 02 503 13501-12589-13495-13502

Contacts: InformaStudenti;

Student Desk booking through InformaStudenti

| 1st COURSE YEAR Core/compulsory courses/activities common | | |
|--|--------------------------|--|
| Learning activity | Ects | Sector |
| | 7 | (1) MEDS-22/A, (2) PHYS-06/A, (2) MEDS-24/A, (2) MEDS-24/B |
| Biological and morphological sciences | 6 | (1) MEDS-01/A, (2) BIOS-10/A, (3) BIOS-12/A |
| Biomedical sciences 1 | 4 | (2) BIOS-07/A, (2) BIOS-06/A |
| Computer Science Course | 3 | INFO-01/A |
| English assessment B1 (2 ECTS) | 2 | NN |
| General Psychology | 5 | (1) PSIC-03/A, (1) PSIC-01/C, (3) PSIC-01/A |
| Introduction to psychiatric rehabilitation | 5 | (4) MEDS-11/A, (1) PAED-01/A |
| Professional training (1st year) | 10 | MEDS-26/C |
| Psychiatry 1 | 5 | MEDS-11/A |
| | Total compulsory credits | 47 |
| Elective courses | | |
| | | |

2nd COURSE YEAR (available as of academic year 2027/28) Core/compulsory courses/activities common

| Learning activity | Ects | Sector |
|---|--------------------------|--|
| | 5 | (2) MEDS-26/C, (3) MEDS-11/A |
| | 7 | (2) MEDS-26/C, (3) MEDS-11/A, (2) PSIC-04/B |
| Biomedical sciences 2 | 5 | (3) MEDS-02/A, (2) BIOS-11/A |
| General psychiatric rehabilitation | 8 | (5) MEDS-26/C, (1) MEDS-11/A, (1) PEMM-01/B, (1) MEDS-08/C |
| Professional training (2nd year) | 24 | MEDS-26/C |
| Psychiatric rehabilitation in childhood | 6 | (1) MEDS-11/A, (4) MEDS-20/B, (1) PSIC-02/A |
| Psychiatry 2 | 8 | (2) MEDS-26/C, (3) MEDS-11/A, (3) BIOS-11/A |
| | Total compulsory credits | 63 |

Elective courses**3rd COURSE YEAR (available as of academic year 2028/29) Core/compulsory courses/activities common**

| Learning activity | Ects | Sector |
|----------------------------------|--------------------------|---|
| | 8 | (2) MEDS-26/C, (1) ECON-08/A, (2) GIUR-05/A, (2) MEDS-25/A, (1) MEDS-25/B |
| | 4 | (1) PSIC-04/B, (2) STAT-01/B, (1) GSPS-06/A |
| Professional training (3rd year) | 26 | MEDS-26/C |
| Psychogeriatric rehabilitation | 4 | (2) MEDS-11/A, (2) MEDS-12/A |
| Rehabilitation techniques | 9 | (8) MEDS-26/C, (1) PEMM-01/A |
| | Total compulsory credits | 51 |

Elective courses**COURSE YEAR UNDEFINED Core/compulsory courses/activities common**

| Learning activity | Ects | Sector |
|---------------------------|--------------------------|--------|
| Professional laboratories | 3 | NN |
| Seminars and workshops | 3 | NN |
| | Total compulsory credits | 6 |

End of course requirements

| | | |
|------------|--------------------------|----|
| Final exam | 7 | NN |
| | Total compulsory credits | 7 |

COURSE PROGRESSION REQUIREMENTS

The course contains the following obligatory or advised prerequisites

| Learning activity | Prescribed foundation courses | O/S |
|------------------------------------|---------------------------------------|-----------------|
| Biomedical sciences 2 | Biomedical sciences 1 | Core/compulsory |
| | Biological and morphological sciences | Core/compulsory |
| Rehabilitation techniques | General psychiatric rehabilitation | Core/compulsory |
| | Psychiatry 1 | Core/compulsory |
| General psychiatric rehabilitation | Psychiatry 1 | Core/compulsory |
| Psychiatry 2 | Psychiatry 1 | Core/compulsory |