



**UNIVERSITA' DEGLI STUDI DI MILANO**  
**PROGRAMME DESCRIPTION - ACADEMIC YEAR 2019/20**  
**BACHELOR**  
**Dietetics (Classe L/SNT3)**  
**Enrolled since 2013/14 Academic Year**

### **HEADING**

<b>Degree classification - Denomination and code:</b>	L/SNT3 Health professions for technical assistance
<b>Degree title:</b>	Dottore
<b>Length of course:</b>	3 years
<b>Total number of credits required to complete programme:</b>	180
<b>Years of course currently available:</b>	1st , 2nd , 3rd
<b>Access procedures:</b>	Cap on student, student selection based on entrance test
<b>Course code:</b>	D80

### **PERSONS/ROLES**

#### **Head of Interdepartmental Study Programme**

Prof. Massimo Zuin

Email: [alberto.battezzati@unimi.it](mailto:alberto.battezzati@unimi.it)

Email: [erna.lorenzini@unimi.it](mailto:erna.lorenzini@unimi.it)

Email: [anita.ferraretto@unimi.it](mailto:anita.ferraretto@unimi.it)

Phone 02 50323195      Email: [cldietistica@unimi.it](mailto:cldietistica@unimi.it)

<http://www.unimi.it/studenti/matricole/77598.htm>

Email: [massimo.zuin@unimi.it](mailto:massimo.zuin@unimi.it)

### **EXPERIENCE OF STUDY ABROAD AS PART OF THE TRAINING PROGRAM**

The University of Milan supports the international mobility of its students, offering them the opportunity to spend periods of study and training abroad, a unique opportunity to enrich their curriculum in an international context. To this end, the University adheres to the European Erasmus+ program within which agreements with over 300 universities in over 30 countries have been signed. Under this program, students can attend one of these universities in order to pursue training in substitution of part of the curriculum foreseen by the chosen study course, including internships at companies, research and training centers or other organizations, or even to prepare their thesis. The University also maintains relationships with several other prestigious foreign institutions offering similar opportunities even within higher study levels.

#### **Study and internships abroad**

For many years, the Degree Program in Dietetics has been offering to its students the possibility to study abroad for a period, through the ERASMUS program, recognized by the University of Milan as part of the academic educational curriculum.

During this period of study abroad, the Degree Program in Dietetics provides second and third-year students with the opportunity to enroll and attend classes and gain practical experience or prepare their thesis.

The study programme to be followed or the thesis to be worked on while abroad have to be agreed upon with the referring Professor or the ERASMUS Office responsible for the Academic Program prior the departure. In addition, the study program or the thesis has to be described in details in a Learning Agreement that requires the approval of both the University of Milan and the host University.

This valuable partnership has been established with a number of universities with centers well recognized at international level, such as the Universidad de Valladolid (Spain), the Instituto Politécnico de Bragança (Portugal) and the Istanbul Gelisim University (Turkey).

For the academic year 2015-2016, three positions are available. The period abroad can last three, six or 12 months.

Each student will be recognized a total of 60, 30 or 20 course credits for a one-year, six or three-month period of study

abroad, respectively. To this end, ERASMUS students shall complete the entire educational programme indicated in the Learning Agreement and obtain at least 70% of the course credits set in the Learning Agreement.

The ERASMUS experience can represent a fruitful phase of the university path not only for the cultural and language exchange with students from other countries, but also for the potential to establish long lasting international partnerships that can result in possible professional opportunities in Italy and abroad.

### How to participate in Erasmus mobility programs

To gain access to mobility programs for study purposes, lasting 3-12 months, the enrolled students of the University of Milan must attend a public selection that starts usually around the month of February each year through the presentation of specific competition announcements, which contain information on available destinations, respective duration of the mobility, requirements and deadlines for submitting the online application. The selection, aimed at evaluating the proposed study abroad program of the candidate, knowledge of a foreign language, especially when this is a preferential requirement, and the motivations behind the request, is performed by specially constituted commissions. Each year, before the expiry of the competition announcements, the University organises information sessions for the specific study course or groups of study courses, in order to illustrate to students the opportunities and participation rules. To finance stays abroad under the Erasmus + program, the European Union assigns to the selected students a scholarship that - while not covering the full cost of living abroad - is a useful contribution for additional costs as travel costs or greater cost of living in the country of destination. The monthly amount of the communitarian scholarship is established annually at national level; additional contributions may be provided to students with disabilities.

In order to enable students in economic disadvantaged conditions to participate in Erasmus+ program, the University of Milan assigns further additional contributions; amount of this contributions and criteria for assigning them are established from year to year. The University of Milan promotes the linguistic preparation of students selected for mobility programs, organising every year intensive courses in the following languages: English, French, German and Spanish.

The University in order to facilitate the organisation of the stay abroad and to guide students in choosing their destination offers a specific support service.

More information in Italian are available on [www.unimi.it](http://www.unimi.it) > Studenti > Studiare all'estero > Erasmus+

For assistance please contact:

Ufficio Accordi e relazioni internazionali

via Festa del Perdono 7 (ground floor)

Tel. 02 503 13501-12589-13495-13502

Fax 02 503 13503

E-mail: [mobility.out@unimi.it](mailto:mobility.out@unimi.it)

Desk opening hour: monday-friday 9 - 12

<b>1st COURSE YEAR Core/compulsory courses/activities common</b>		
<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
Basic biological and morphological sciences	6	(1) BIO/17, (3) BIO/16, (2) BIO/13
Biological chemistry	6	BIO/10
Chemistry and Introductory Biochemistry	4	BIO/10
Chemistry, and food science and technology	8	AGR/15
English assessment B1 (2 ECTS)	2	L-LIN/12
General pathology, immunology and medical genetics	6	(1) MED/03, (5) MED/04
Informatics	3	INF/01
Internship (year 1)	5	MED/49
Microbiology and hygiene	6	(2) MED/07, (4) MED/42
Nutritional physiology	6	BIO/09
Physical science, informatics, statistics and radiation protection	10	(4) MED/01, (4) FIS/07, (1) INF/01, (1) MED/36
Total compulsory credits		62
<b>2nd COURSE YEAR Core/compulsory courses/activities common</b>		
<b>Learning activity</b>	<b>Ects</b>	<b>Sector</b>
Community nutrition	4	MED/49
Internship (year 2)	25	MED/49
Maternal and child medicine	4	(1) MED/39, (2) MED/38, (1) MED/40
Medical sciences	5	(1) MED/12, (1) MED/14, (1) MED/11, (2) MED/09
Pharmacology and clinical biochemistry	5	(3) BIO/14, (2) BIO/12
Principles of dietetics and assessment of nutritional status	8	MED/49
Psychopedagogy psychopedagogy and economic statistics economic statistical science	6	(2) SECS-S/02, (1) M-PSI/01, (2) SECS-P/06, (1) M-PED/01

		Total compulsory credits	57	
<b><i>Elective courses</i></b>				
<b><i>3rd COURSE YEAR Core/compulsory courses/activities common</i></b>				
<b>Learning activity</b>		<b>Ects</b>	<b>Sector</b>	
Forensic medicine and ethical principles		1	NA	
Health and food legislation		1	NA	
Internship (year 3)		30	MED/49	
Medical science specialties 1		4	(2) M-PSI/08, (1) MED/26, (1) MED/25	
Medical science specialties 2		4	(1) MED/13, (1) MED/28, (1) MED/18, (1) MED/06	
Methods and teachings of motor skills activity		1	NA	
Professional laboratory of applied food technology		3	NA	
Specialist diet therapy		4	MED/49	
		Total compulsory credits	48	
<b><i>Elective courses</i></b>				
<b><i>End of course requirements</i></b>				
Final test		7	NA	
		Total compulsory credits	7	