



**UNIVERSITA' DEGLI STUDI DI MILANO**  
**PROGRAMME DESCRIPTION - ACADEMIC YEAR 2026/27**  
**MASTER DEGREE**  
**PSYCHOLOGY IN HEALTHCARE (Classe LM-51 R)**  
**Enrolled in 2026/2027 Academic Year**

### **HEADING**

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| <b>Degree classification - Denomination and code:</b>          | LM-51 R  |
| <b>Degree title:</b>   | Dottore Magistrale                                       |
| <b>Length of course:</b>                                       | 2 years  |
| <b>Credits required for admission:</b>                         | 180  |
| <b>Total number of credits required to complete programme:</b> | 120  |
| <b>Years of course currently available:</b>                    | 1st  |
| <b>Access procedures:</b>                                      | Cap on student, student selection based on entrance test |
| <b>Course code:</b>  | DBA  |

### **PERSONS/ROLES**

#### **Head of Study Programme**

prof.ssa Ketti Mazzocco

#### **Tutors - Faculty**

Per i piani di studio, riconoscimento crediti e trasferimenti  
prof.ssa Marianna Masiero

Per Laboratori, stage e tirocini:  
prof.ssa Barbara Poletti

Per l'orientamento e la tesi di laurea:  
prof. Davide Mazzoni

#### **Degree Course website**

<https://psicologia-sanita.cdl.unimi.it>

Email: [psicologia.sanita@unimi.it](mailto:psicologia.sanita@unimi.it)

### **EXPERIENCE OF STUDY ABROAD AS PART OF THE TRAINING PROGRAM**

The University of Milan supports international mobility by providing its students with the opportunity to spend study and internship periods abroad. It is a unique chance to enrich your educational path in a new exciting environment.

The agreements entered into by the University with over 300 universities from the 27 EU member countries under the European Erasmus+ programme allow regularly enrolled students to carry out part of their studies at one of the partner universities or to undertake internships at companies, training and research centres and other organisations.

Similar international mobility opportunities are provided outside Europe, through agreements with a number of prestigious institutions.

The University of Milan is a member of the 4EU+ European University Alliance that brings together eight public multidisciplinary universities: University of Milan, Charles University of Prague, Heidelberg University, Paris-Panthéon-Assas University, Sorbonne University of Paris, University of Copenhagen, University of Geneva, and University of Warsaw. The 4EU+ Alliance offers integrated educational pathways and programmes to promote the international mobility of students (physical, blended and virtual).

#### **How to participate in Erasmus mobility programs**

The students of the University of Milan can participate in mobility programmes, through a public selection procedure.

Ad hoc commissions will evaluate:

- Academic career
- the candidate's proposed study programme abroad
- his/her foreign language proficiency
- the reasons behind his/her application

Call for applications and informative meetings

The public selection for Erasmus+ mobility for study generally begins around February each year with the publication of a call for applications specifying destinations and requirements. Regarding the Erasmus+ Mobility for Traineeship, the University of Milan usually publishes two calls a year enabling students to choose a destination defined by an inter-institutional agreement or to find a traineeship position on their own.

The University organises informative meetings to illustrate mobility opportunities and rules for participation.

Erasmus+ scholarship

The European Union grants the winners of the Erasmus+ programme selection a scholarship to contribute to their mobility costs, which may be supplemented by the University funding for disadvantaged students.

Language courses

Students who pass the selections for mobility programmes can benefit from intensive foreign language courses offered each year by the University Language Centre (SLAM).

<https://www.unimi.it/en/node/8/>

Learn more at <https://www.unimi.it/en/node/274/>

For assistance, please contact:

International Mobility Office

Via Santa Sofia 9 (second floor)

Tel. 02 503 13501-12589-13495-13502

Contacts: InformaStudenti;

Student Desk booking through InformaStudenti

| <b>1st COURSE YEAR Core/compulsory courses/activities common</b>  |             |                              |
|---|-------------|------------------------------|
| <b>Learning activity</b>  | <b>Ects</b> | <b>Sector</b>                |
|   | 1           | NN                           |
|   | 1           | NN                           |
|   | 1           | NN                           |
|   | 1           | NN                           |
| Cognitive and personality factors in health-related behaviours  | 6           | PSIC-01/A                    |
| Judgement and decision making in healthcare   | 6           | PSIC-01/A                    |
| Personal well-being, social connections and new technologies  | 6           | PSIC-03/A                    |
| Psychological mechanisms and processes underlying health and illness  | 6           | PSIC-04/B                    |
| Psychoneuroendocrinoimmunology and integrated care  | 6           | PSIC-01/A                    |
| Psychopathology and clinical evaluation tools   | 6           | PSIC-04/B                    |
| Seminar: history, development and methodology of psychoneuroendocrinoimmunology   | 1           | NN                           |
| Workshop: patient and family rights   | 1           | NN                           |
| Workshop: professional liability and the organisation of healthcare   | 1           | NN                           |
| Total compulsory credits  | 43          |                              |
| <b>2nd COURSE YEAR (available as of academic year 2027/28) Core/compulsory courses/activities common</b>                |             |                              |
| <b>Learning activity</b>  | <b>Ects</b> | <b>Sector</b>                |
| Clinical pharmacology and psychopharmacology in complex patients  | 6           | (3) MEDS-11/A, (3) BIOS-11/A |
| Fundamentals of clinical PNEI and use of data   | 8           | (6) MEDS-09/A, (2) MEDS-04/A |
| Integrated care models and neuropsychological interv. tech. applied to neurol. disorders and ageing-related diseases    | 6           | PSIC-01/B                    |
| Integrated care models and neuropsychological intervention tech. applied to cardiovascular diseases and metabolic synd. | 6           | PSIC-04/B                    |
| Integrated care models and neuropsychological intervention techniques applied to oncological diseases                   | 6           | PSIC-04/B                    |
| Integrated care workshop 1: cardiovascular diseases and metabolic syndrome  | 2           | NN                           |
| Integrated care workshop 2: oncological diseases  | 2           | NN                           |
| Integrated care workshop 3: neurological disorder and ageing-related diseases   | 2           | NN                           |
| Total compulsory credits  | 38          |                              |
| <b>Further elective courses</b>   |             |                              |
| <b>End of course requirements</b>   |             |                              |
| Final examination   | 11          | NN                           |
| Practical evaluation internship   | 20          | NN                           |
| Total compulsory credits  | 31          |                              |